

Blissful Yoga Schedule

Class sizes are intimate—pre-booking required!



Monday

9:15-10:30am Hatha

Tuesday

9:15-10:30am Energizing Hatha

Wednesday

9:15-10:30am Hatha

5:30-6:45pm Hatha

Thursday

4:15-5:15pm Hatha

Friday

9:15-10:30am Hatha

To pre-book:

1. Email with the date/time of the class you would like to attend
Georgia@blissfullyogasechelt.com
2. Once space is confirmed, secure your spot by making payment of \$15/class via e transfer or with credit card on the website

24 hours notice required to change a booking.

Classes are not held on Statutory Holidays.